

# Social Determinants of Health Resources

Social Determinants of Health are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes.

<p><b>Economic Stability</b></p> <p><b>Neighborhood and Physical Environment</b></p> <p><b>Education</b></p> <p><b>Food</b></p> <p><b>Community and Social Context</b></p> <p><b>Health Care System</b></p>	<p style="text-align: center;"><b>ECONOMIC STABILITY</b></p> <p><b><u>Bread for the City</u></b>, 202-561-8587 Advice and representation in three main areas of law: housing, family/immigration, and public benefits</p> <p><b><u>Grandparent Subsidy Program</u></b>, 202-442-6009 Monthly financial assistance to help care for grandchildren living in your home</p> <p><b><u>Martha's Table Strong Futures DC</u></b>, 202-328-6608 Direct cash assistance program for mothers who reside in DC</p> <p><b><u>Temporary Assistance for Needy Families (TANF)</u></b>, 202-727-2824 Temporary cash assistance to families in need that reside in DC</p>
<p style="text-align: center;"><b>FOOD</b></p> <p><b>Martha's Table Market</b> 202-328-6608</p> <p><b>SOME Food Pantry and Dining Room</b> 202-797-8806</p> <p><b>Thrive DC</b> 202-737-9311</p> <p><b>Sherman Avenue Corps Hot Meals Service</b> 202-829-0100</p> <p><b>Capital Area Food Bank</b> 202-526-5344</p> <p><b>Hereafter Family Foundation Food Bank</b> 202-529-4908</p>	<p style="text-align: center;"><b>NEIGHBORHOOD AND PHYSICAL ENVIRONMENT</b></p> <p><b>TRANSPORTATION</b></p> <p><b>Senior MedExpress</b>, 202-420-7533</p> <p><b>ConnectorCard</b>, 202-844-3000</p> <p><b>VetsRide</b>, 202-724-4010</p> <p><b>HOUSING</b></p> <p><b><u>Inclusionary Zoning Program</u></b>, 202-442-7200 Affordable rent/buy options for adults who qualify</p> <p><b><u>Home Purchase Assistance Program (HPAP)</u></b>, 202-442-7200 Interest-free loans and closing cost assistance to qualified applicants to purchase single family houses, condominiums, or co-op units in the district</p> <p><b><u>PepCo Energy Bill Payment Assistance</u></b>, 311 Low-income home energy assistance program</p> <p><b><u>Residential Essential Services Program</u></b>, 844-WASHGAS 25% discounts on heating bills for eligible customers</p> <p><b><u>Single-Family Home Rehabilitation Programs (SFRRP)</u></b>, 202-667-7706</p> <p><b><u>Housing Counseling</u></b>, 202-667-7706</p> <p><b><u>Foreclosure Prevention Department</u></b>, 202-265-2255</p> <p><b><u>Supportive Services for Veteran Families</u></b>, 202-667-7366</p>



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**Economic Stability**  
**Neighborhood and Physical Environment**  
**Education**  
**Food**  
**Community and Social Context**  
**Health Care System**

## COMMUNITY AND SOCIAL CONTEXT

**Damien Ministries, Inc.**, 202-526-3020  
Faith-based programming dedicated to those living with HIV/AIDS  
**Salvation Army Social Service Office, Wards 1-6**, 202-332-5000  
Emergency Social services Support  
**Salvation Army Social Service Office, Wards 7-8**, 202-678-9770  
Emergency social services support  
**Sherman Avenue Corps**, 202-829-0100  
Community Programs, Spiritual Care and Worship  
**Martha's Table Family Success Center**, 202-328-6608  
Community-driven services for adults and families

## EDUCATION

**SOME Job Training**,  
202-292-4460  
Tuition-free adult workforce training program  
**My School DC**,  
202-888-6336  
Detailed list of youth public school options  
**Martha's Table Early Childhood Education**,  
202-328-6608  
Year-round, all day early child education program for youth aged 6 weeks to 4 years old

## HEALTH CARE SYSTEM

**Harbor Light Center**, 202-269-6333  
Drug and alcohol addiction services  
**SOME Senior Center**, 202-235-1492  
Health, wellness, and recreational activities for seniors  
**SOME Medical Clinic**, 202-381-0899  
Medication management, help with insurance, primary care and support groups for chronic conditions  
**SOME Diabetes Support Group**, 202-797-8806  
Group sessions for adults/seniors with diabetes  
**Community Care Nursing Services of DC**, 202-545-5040  
Home and community services support for those who have acute, chronic, palliative or rehabilitative health care needs  
**Catholic Charities Health Care Network**, 202-481-1424  
Connects low-income and uninsured patients with specialized pro bono health care services  
**AHF Blair Underwood Healthcare Center**, 202-293-8680  
Free Health Clinic for low-income and/or uninsured families. Primary care, pharmacy, family planning, STD/HIV testing, and more